



## F.L.T.C. JUNIOR & MINI TENNIS PROGRAM BOOKING FORM 2018

Children between 3 and 10-years-old can get stuck into the world of tennis with our exciting program. With smaller courts, nets, rackets and lower bouncing balls, Mini Tennis offers the perfect introduction to the sport, with all the fun and energy of the real thing.

There are four stages of Mini Tennis; Tots, Red, Orange and Green, each with their own court size and type of ball. This tailored approach enables players to develop vital skills and techniques at an early age.

### MINI TENNIS TOTS

Mini Tennis Tots is for children aged 3 to 5-years-old and enables them to learn the basics and how to enjoy the game through a series of fun activities based on the fundamental areas of balance, co-ordination, agility, movement and racket and ball skills.



### MINI TENNIS RED

Mini Tennis Red is for players aged 8 and under. Players learn to serve, rally and score with a slow ball, as well as learning the movement and co-ordination skills needed for tennis. Players are encouraged to play fun competitions in teams and as individuals, with short matches using tie-break scoring.



### MINI TENNIS ORANGE

Mini Tennis Orange is a great way for players to continue their progress from Mini Tennis Red and is for players aged 8 and 9. Players play a rounded game learning a range of techniques and tactics. Courts are bigger and wider than the red stage but still smaller than the full-size tennis courts. There are team and individual competitions with matches using tie-break scoring.



### MINI TENNIS GREEN

Mini Tennis Green is a great way for players to continue their progress from Mini Tennis Orange and is for children aged 9 and 10. Players can now put their technique and skills into practice on a full-size court with a faster ball which will help them develop all aspects of their game. There are individual and team competitions, with scoring extended to short sets.



### YELLOW BALL TENNIS

Yellow Ball Tennis otherwise known as full ball tennis is an easy progression from Green Ball Tennis for children aged 11 and over. Players play with a yellow ball on a full-sized court.



# FLTC MINI & JUNIOR TENNIS PROGRAM BOOKING FORM 2018

Welcome to our Mini and Junior tennis group program.

Here are the details for our coaching groups for the Summer 2018 term. We are offering mini tots, red, orange, green and yellow ball groups all of which are guaranteed to take place indoors in the bubble. Players will be put into appropriate groups, but should you have any queries do not hesitate to contact one of the coaches.

As usual, we may have to adjust groups according to numbers. To avoid disappointment please return your completed form for your course as soon as possible.

NB. Should you be unable to make any of the times below, but wish to be involved, let us know and we may be able to form other groups.

All sessions are for 5 weeks\* from 16<sup>th</sup> April – 9<sup>th</sup> July 2018. There are no group lessons during the week of half term.

**\*5 weeks for the price of 4 (to compensate for disruption to lessons as a result of bad weather)**

The Coaching Team

T: 02155 674055 E: enquires@fltc.co.uk

## Mondays

4.45pm-5.45pm	Red Academy	12 weeks	£28.00 mem / £34.00 non-mem
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## Wednesdays

4.00pm-5.00pm	Mini Green	12 weeks	£28.00 mem / £34.00 non-mem
5.00pm-6.00pm	Orange Academy	12 weeks	£28.00 mem / £34.00 non-mem

## Thursdays

3.30pm-4.00pm	Mini Tots	12 weeks	£15.00 mem / £18.00 non-mem
5.00pm-6.00pm	Green Academy	12 weeks	£28.00 mem / £34.00 non-mem

## Fridays

4.30pm-6.00pm	Yellow Ball	12 weeks	£35.00 mem / £41.00 non-mem
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## Saturdays

9.30am-10.30am	Yellow Ball	12 weeks	£28.00 mem / £34.00 non-mem
10.30am-12.00pm	Yellow Ball	12 weeks	£35.00 mem / £41.00 non-mem

Program fees payable by card, cheque or cash to F.L.T.C. Please return completed form to:

F.L.T.C. 36 Holland Road, Frinton On Sea, Essex. CO13 9ES - TEL: 01255 674055

PLAYER NAME:.....

PARENT NAME:.....

DOB/AGE:.....

EMAIL ADDRESS:.....

TELEPHONE/MOBILE NO:.....

MEMBER/NON-MEMBER:.....